

Welcome to Peak Performance Chiropractic Clinic

Cody Hopson, D.C.

First Name _____ MI _____ Last Name _____ Date ____/____/____

Address _____ City _____ State _____ Zip _____

Birth Date ____/____/____ Age ____ Male ____ Female ____ Single Married Widowed Separated Divorced

of Children _____ Social Sec. No. _____ - _____ - _____ Email Address: _____

Home #: (____) _____ Cell #: (____) _____ Work# (____) _____

Place of Employment: _____ Occupation: _____

Spouse (Parent if under 18): _____

Who may we thank for referring you to our office? _____

Have you ever been to a chiropractor before? Yes / No If yes, Name of Chiropractor: _____

Insurance Provider: _____ **Member ID #:** _____

Insured Member Name & DOB: _____ **Group #:** _____

Peak Performance Chiropractic will make every effort to verify your Chiropractic insurance benefits and explain them to you within the first two visits. However, as your insurance policy is a contract between you and your insurer, we strongly advise you to call and personally confirm your benefits.

Mark "X" for Present Conditions or "PA" for Past Conditions (3 months or longer). Please "Circle" if necessary to be more specific.

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Hip Pain R/L | <input type="checkbox"/> Neck Stiffness/Pain | <input type="checkbox"/> Back Stiffness/Pain |
| <input type="checkbox"/> Fractured Bones | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Frequent Colds/Flu | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Swollen Painful Joints | <input type="checkbox"/> Convulsion/Epilepsy | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Tremors | <input type="checkbox"/> Blurred Vision R/L | <input type="checkbox"/> Double Vision R/L |
| <input type="checkbox"/> Pain w Cough/Sneeze | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Lung Problems | <input type="checkbox"/> Loss of Taste |
| <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Stroke | <input type="checkbox"/> Gallbladder Problems | <input type="checkbox"/> Digestive Problems |
| <input type="checkbox"/> Prostate Problems | <input type="checkbox"/> Kidney Trouble | <input type="checkbox"/> Loss of Smell | <input type="checkbox"/> Loss of Balance |
| <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Buzzing/Ringing in Ear | <input type="checkbox"/> Sinus Problems | <input type="checkbox"/> Nervousness/Anxiety |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Depression | <input type="checkbox"/> Allergies | <input type="checkbox"/> Tension/Stress |
| <input type="checkbox"/> Colon Trouble | <input type="checkbox"/> Sleeping Trouble | <input type="checkbox"/> Irritability/Mood Swing | <input type="checkbox"/> Stomach Upset |
| <input type="checkbox"/> Cold Feet | <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Cold Hands | <input type="checkbox"/> Diarrhea/Constip/Gas |
| <input type="checkbox"/> Foot Problems | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Recurring Infection | <input type="checkbox"/> Jaw/TMJ Problems |
| <input type="checkbox"/> Cold Sweats | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Hot Flashes | <input type="checkbox"/> Heartburn/Reflux |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> PMS | <input type="checkbox"/> Problems Urinating | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Other | <input type="checkbox"/> Cancer (Type) _____ | <input type="checkbox"/> Menopause | |
| <input type="checkbox"/> Numbness, Tingling/Pain in (Arms/Hands/Fingers)
R/L/ Both | | <input type="checkbox"/> Numbness/Tingling, Pain in (Buttocks/Thighs/Legs/
Toes) R/L | |

Additional Information: _____

DAILY ACTIVITIES DISCOMFORT: Effects of Current Condition on Performance

- | | | | | | |
|-----------------|----------------------------------|--------------------------------------|-------------------------------|--|-------------------------------------|
| Walking | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Sitting | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Bending | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Standing | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Sleeping | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Lifting | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Running/Jogging | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |
| Climbing Stairs | <input type="checkbox"/> No Pain | <input type="checkbox"/> Little Pain | <input type="checkbox"/> Pain | <input type="checkbox"/> Almost Unbearable | <input type="checkbox"/> Unbearable |

CASE HISTORY

Name: _____

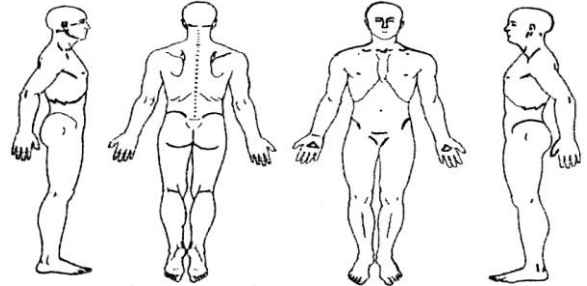
1. Circle the severity (0 = No Pain to 10 = Very Severe Pain) and Frequency of pain (% of the week you experience the pain).

Condition / Problem	Severity		Frequency (% of week)																			
	Minimal					Severe					Occasional					Constant						
_____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100
_____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100
_____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100
_____	0	1	2	3	4	5	6	7	8	9	10	0	10	20	30	40	50	60	70	80	90	100

Please circle/mark the areas on the figures where you experience pain.

2. Symptoms are worse in the (circle what applies):

- morning - increase during the day
- afternoon - same all day
- night - decrease during the day



3. Symptom (a) is: Sharp / Dull / Burning / Aching / Throbbing / Numbness / Tingling / Pins & Needles

Symptom (b) is: Sharp / Dull / Burning / Aching / Throbbing / Numbness / Tingling / Pins & Needles

4. When did your symptoms begin (onset date)? _____

5. How did your symptoms begin? _____

6. Have you experienced these symptoms before? _____

7. Do your symptoms radiate? _____

8. Has your condition...? Improved ___ Gotten Worse ___ Stayed the same since its onset ___

9. Circle the things that make your problems worse:

Bending - Lying - Walking - Standing - Sitting - Movement - Twisting - Lifting

10. Is there anything you can do to relieve the problems? No ___ Yes ___ Describe: _____

If No, what have you tried that has not helped? _____

11. Have you been treated for this before? No ___ Yes ___ How long ago? _____

12. What treatment did you receive? _____

13. Results of previous treatment? Good ___ Poor ___ Comments _____

14. Is this condition interfering with Work ___ Sleep ___ Daily Routine ___ Recreation ___

15. Approximate date of last Chiropractic treatment? _____

16. Approximate date of last MD / DO treatment? _____

17. List any other major injuries you have had, other than those that might have been mentioned above: _____

18. Any other musculoskeletal problems? No ___ Yes ___ 19. Neurological Problems? No ___ Yes ___

I certify that the above information is accurate to the best of my knowledge.

Patient / Guardian Signature _____ Date: _____

Patient Signature _____ Date: _____

Peak Performance Chiropractic Clinic

Cody Hopson, D.C.

Health & Social History

Tobacco Use -

- | | | | |
|---|--|--|---|
| <input type="checkbox"/> Never Smoked | <input type="checkbox"/> 1-5 | <input type="checkbox"/> Chews Plug Tobacco | <input type="checkbox"/> Chews Tobacco |
| <input type="checkbox"/> Former Smoker | <input type="checkbox"/> 6-10 | <input type="checkbox"/> Chews Twist Tobacco | <input type="checkbox"/> Snuff User |
| <input type="checkbox"/> Current Every Day Smoker | <input type="checkbox"/> ½ a pack /day | <input type="checkbox"/> User of moist powered | <input type="checkbox"/> Intolerant non-smoker |
| <input type="checkbox"/> Current Some Day Smoker | <input type="checkbox"/> 1 pack / day | <input type="checkbox"/> Ex-user of moist powered | <input type="checkbox"/> Never chewed tobacco |
| <input type="checkbox"/> Smoker, Current Status Unknown | <input type="checkbox"/> 1 ½ pack /day | <input type="checkbox"/> Never used moist powered | <input type="checkbox"/> Tolerant ex-smoker |
| <input type="checkbox"/> Unknown if Ever Smoker | <input type="checkbox"/> 2 packs /day | <input type="checkbox"/> Do not use moist powered tobacco products | <input type="checkbox"/> Tolerant non-smoker |
| <input type="checkbox"/> Light Smoker | <input type="checkbox"/> 3 packs /day | <input type="checkbox"/> Chews Fine Tobacco | <input type="checkbox"/> Chews Loose Leaf Tobacco |
| <input type="checkbox"/> Heavy Smoker | | | |

Smoking Start Date: _____

Smoking End Date: _____

Alcohol Consumption:

No Yes: Daily Weekly Less Former/Quit

Type: Beer Wine Liquor Other: _____

Exercise Activity:

None Sedentary Light Moderate Vigorous Active Days/Week: _____

Sleep Pattern:

Sleep all night Trouble falling asleep Fall asleep but wake during night/cannot return to sleep
 Change in sleep only due to recent pain No change in sleep pattern

Vitamins/Supplements:

No Yes

List: _____

Caffeine Use:

No Yes: Daily Weekly Less Former/Quit

Type: Chocolate Soda Coffee Tablets Tea Other: _____

Who is your Family doctor /Location? _____

Are you currently under the care of any other physician? Y / N Dr. _____ Date of Exam _____

Have you been treated by a physician for any other health condition in the past year? Y / N Reason? _____

What medications are you currently taking (prescription and OTC)? For what conditions? _____

Are you allergic to anything? If so what? _____

Patient/Guardian Signature _____ Date _____

Patient Name _____ Date _____

Peak Performance Chiropractic Clinic

Cody Hopson, D.C.
2901 Judson Road
Longview, TX 75605

Terms of Acceptance

Financial Policy

- 1) We accept cash, check, and credit cards/debit cards (Visa, Mastercard, American Express) payments at this time.
- 2) All payments are due at this time of service unless special arrangements have been agreed upon prior to your visit.
- 3) If you have Medicare, after your deductible is met, your co-pay and any non-covered services will due at the time of service.
- 4) As a courtesy to our patients, we offer electronic claims submission. Please notify the staff if you wish to utilize this service.

Workers Compensation

- 5) All workers compensation cases are treated same as cash.

Personal Injury /Motor Vehicle Accidents

- 6) Personal injury and auto accidents cases are treated same as cash. We will provide you with the necessary documentation to file with your insurance company to facilitate your reimbursement.

We invite you to discuss with us any questions regarding our services. The best health services are based upon a friendly, mutual understanding between provider and patient. I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider to release any information required to process this insurance claim. I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes in my medical status.

I have read, understand, and agree with the above financial policy.

Signature of Insured/Guardian

Date

Printed Patient Name

Peak Performance Chiropractic Clinic

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Longview, TX 75605

Legal Assignment of Benefits; Release of Medical & Plan Documents & Verification of Insurance

In considering the amount of medical expense to be incurred, I, the undersigned, have insurance and/or employee health benefits coverage with the above captioned, and hereby assign and convey directly to Cody Raymond Hopson, D.C., all medical benefits and/or insurance reimbursement, if any, otherwise payable to me for services rendered from such doctor and client. I understand that I am financially responsible for all charges regardless of any applicable insurance or benefit payments. I hereby authorize the doctor to release all medical information necessary to process this claim. I hereby authorize any plan administrator or fiduciary, insurer and my attorney to release to such doctor and clinic any and all plan documents, insurance policy and/or settlement information upon written request from such doctor and clinic in order to claim such medical benefits, reimbursement or any applicable remedies. I authorize the use of this signature on all my insurance and/or employee health benefits claim submissions.

I hereby convey to the above named doctor and clinic to the full extent permissible under the law and under any applicable insurance policies, and/or employee health care plan, and claim, chose in action, or other right I may have to such insurance and/or employee health care benefit coverage under any applicable insurance policies and/or employee health care plan with respect to medical expenses incurred as a result of the medical services I received from the above named doctor and clinic and to the extent permissible under the law to claim such medical benefits, insurance reimbursement and any applicable remedies. Further, in response to any reasonable request for cooperation, I agree to cooperate with such doctor and clinic in any attempts by such doctor and clinic to pursue such claim chose in action or right against my insurers and/or employee health care plan, including if necessary, bring suit with such doctor and clinic against such insurers and/or employee health care plan in my name but at such doctor and clinic's expenses.

This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered valid as the original. I have read and fully understand this agreement.

Signature of Insured/Guardian

Date

Printed Patient Name